Orthoptic Student Case Study

Meet Zahra

"All of the optometrists I have asked about career advice did not seem happy about their work-life. I had a preference to work in a hospital and an interest in neuroscience. I realised it would be better to explore neuroscience as a speciality or master's later."

What is a typical day like? Sheffield is a face-to-face degree. Usually we start at 9am, but as a third year with the workload, it is better to treat uni as a 9 to 5 even if there is no teaching, to ensure you keep up to date with deadlines. I also use weekends during placement to travel and explore the new area I am in.

Three words to describe the course? Niche, Impactful, Rewarding

What is the best part of your course? The support from staff.

What is the most challenging part? It can be demanding.

Advice for prospective students?

Come to uni open days. You can meet student ambassadors who are more than happy to talk about their experience, and specific to orthoptics. The first placement is where you learn a lot about what orthoptics entails. It's okay if you're not entirely sure what a typical orthoptics working day looks like.

What are you looking forward to in your orthoptic career?

Research and extended roles in areas like juvenile idiopathic arthritis.



Contact careers@orthoptics.org.uk www.orthoptics.org.uk

