Orthoptic Student Case Study

## Meet Aminah

Aminah chose Orthoptics because she wanted a hospital-based career with lots of patient contact and interaction. Her passion for studying the eyes made it the perfect fit.

What is a typical day like? It usually includes 1 to 3 lectures per day, lots of clinical practicals, and 33 weeks of clinical placements. Studying orthoptics at university is fun because it's quite hands-on and practical, unlike other courses.

Three words to describe the course? Rewarding, academic, problem-solving

What is the best part of your course? Clinical placements.

What is the most challenging part? Exam season.

What skills/experiences have helped you? Being able to take initiative on placements, problemsolving capability, good communication - you will further develop these skills during the course but it's good to have a foundation to build on. Empathy towards patients and an ambition for learning are also important.

Advice for prospective students? Don't be daunted by the amount of placement. They can easily become your favourite part of the course. Also, the amount of placement you undertake puts you at an advantage when you graduate and start working, as you will already have a sturdy foundation.

What are you looking forward to in your orthoptic career? I look forward to having independence and being able to have patient interactions and help people.



Contact careers@orthoptics.org.uk www.orthoptics.org.uk

