BIOS | BRITISH AND IRISH ORTHOPTIC SOCIETY

BIOS Conference & AGM

11-12 July 2024, Manchester

BIOS | BRITISH AND IRISH ORTHOPTIC SOCIETY

CONFERENCE & AGM

11TH - 12TH JULY 2024 | MANCHESTER

Welcome to Manchester!

We are so pleased to welcome you all to Manchester for our 2024 Annual Conference and AGM. We hope you find it to be a rewarding, enriching and enjoyable event.

It seemed a daunting task, twelve months ago, when it was agreed the Conference should be here in the North of England, but it has been an absolute pleasure to be involved in the organisation of the event. It has been heartwarming to witness the enthusiasm and willingness shown by everyone who has been asked to help.

Manchester has a proud history of science and industry. This chimes well with our hardworking orthoptists, such as Professor Fiona Rowe, whose innovative and pioneering work we will showcase during the Gail Stephenson lecture on day two of the conference. We are very honoured to have Professor Beverley Harden MBE join us and lead a session on career development and the important work of all allied health professionals. Hard work and dedication are a thread throughout the event and brings to mind the worker bee, Manchester's mascot.

The quality of the posters and presentations made by our students is excellent and gives us faith in the future of the profession. Most of all the focus on the patient and care for the patient will be demonstrated by all our speakers. Please ensure you view the posters during the breaks.

We would like to thank everyone who has helped organise the event, the Conference committee, and the BIOS staff without whom the event would not have been possible. Special thanks must go to all our speakers for giving up their time and energy. Also thank you to our sponsors whose contribution is much appreciated, they will have stands in the dining area on both days.

We hope to see many of you at the social event at 5.30pm on the 11th of July at Manchester Art Gallery, this will be a lovely evening and give us all an opportunity to meet up with old friends and perhaps make new ones.

Our thanks go to the staff at the Pendulum Hotel and Manchester Art Gallery for helping us organise the events.

Thank you for joining us in Manchester and in anticipation of your active engagement and participation.

Enjoy the conference!

Craig Murray
Chair of BIOS

Deborah Podmore
Trustee for the North of England / BOSTU President

Krishan Parmar
Chair of LOOP

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Venue

The Manchester Conference Centre is ideally located. Part of the Pendulum Hotel, it is minutes walk from Manchester Piccadilly station, Oxford Road station and the Manchester Metrolink meaning access to the Conference and across the city couldn't be more straightforward.

t: +44 (0) 161 955 8000

e: stay@pendulumhotel.co.uk

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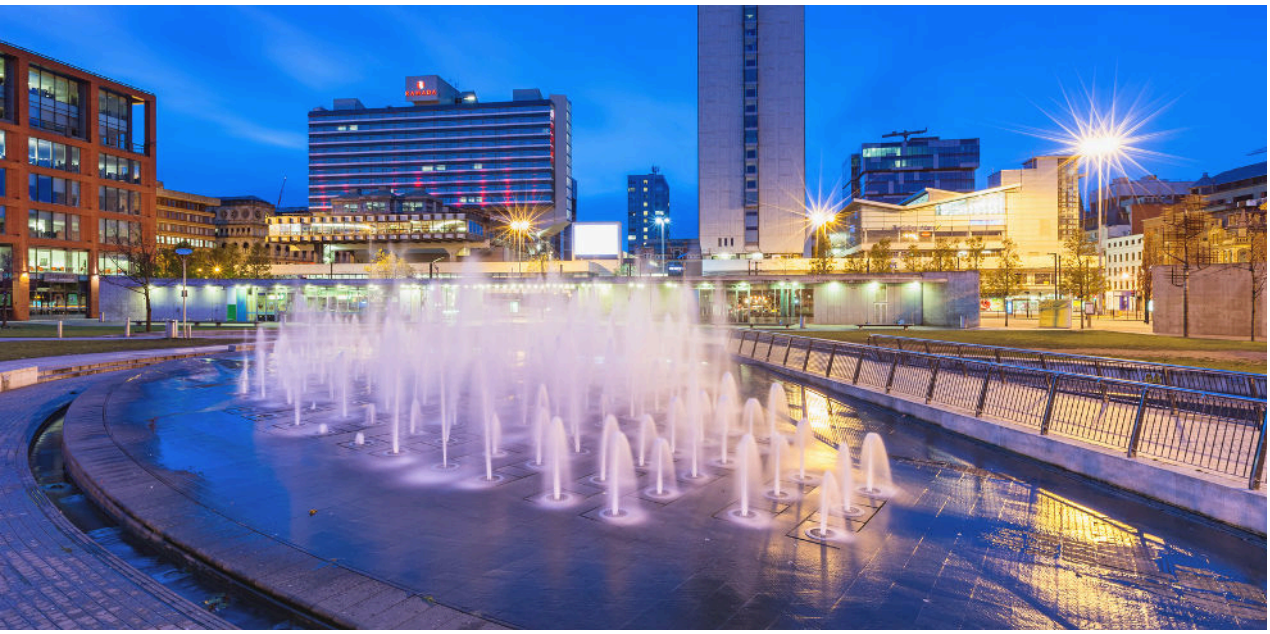
Further information



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Annual General Meetings

Conference Agenda:

- Day 1
- Day 2

Speaker Biographies

Sponsor information

We'd like to thank all of our sponsors for their support. They'll also be available to talk to throughout the Conference in the dining area.

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BIOS & BOSTU Annual General Meetings 2024

Our AGMs are an opportunity for members to hear about the progress we have made as an organisation over the past year, as well as to ask questions.

Members can download our accounts and annual reports for 2023 from our website here.

Agendas:

1. BIOS AGM Agenda

    a. To receive the Minutes of the 2023 AGM
    b. Chair's Report
    c. To receive the Accounts for 2023
    d. Terms of Office for 2023 and formal acceptance of new Board members for 2024
    e. AOB

Close of the BIOS AGM

2. BOSTU AGM Agenda

    a. To receive the Minutes of the 2023 BOSTU AGM
    b. General Secretary's Report
    c. To receive the BOSTU Accounts for 2023
    d. Terms of Office for 2023 and formal acceptance of new Board members for 2024
    e. AOB

Close of the BOSTU AGM

3. BIOS Awards in recognition of services to BIOS and BOSTU

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Day 1 : Thursday 11 July

08.00 – 09.25: Registration

09.25 – 09.30: Welcome and opening address

09.30 – 09.35: Presentation of BIOS Fellowship Award

09.35 – 10.30: Keynote speaker

Professor Beverley Harden MBE, Deputy Chief Allied Health Professions Officer for England: *Looking to the future*

10.30 – 11.00: Victoria Dickens MBE, Chief Allied Health Professional at the Northern Care Alliance: *Multiprofessional Leadership – My journey*

11.00 – 11.30: Veronica Greenwood OBE, Deputy Director of AHPs at Alder Hey Children's NHS Foundation Trust: *AHP leadership – Don't forget about us, Orthoptists are here too*

11.30 – 12.00: Break

12.00 – 12.45: Student presentations

- Muhammed Rashid: *Is atropine an effective intervention to control and prevent myopic progression? A literature review*
- Aimee Cecil: *Literature Review: At what Age does Strabismus Impact Quality of Life in Children?*
- Hana Abukar: *An Investigation into the Relationship Between Height and Vertical Refractive Error Gradient in Humans*
- Logan Anderson: *Optimising Visual Rehabilitation Strategies for Congenital Cataract Patients: A Comprehensive Review*
- Lucy Brown: *The prevalence of convergence insufficiency and saccadic abnormalities in Parkinson's Disease*
- Rafia Hussain: *Investigating the impact of PERL on undergraduate Orthoptic student knowledge*

12.45 – 13.30: Lunch

13.30 – 14.30: BIOS & BOSTU Annual General Meetings (members only)

14.30 – 15.30: Neuro-ophthalmology session

- Dr Claire Howard, Northern Care Alliance Centre for Clinical and Care Research: *How can we support people with post-stroke visual field loss back to driving?*
- Michaela Sherlock, Lancashire Teaching Hospitals NHS Foundation Trust: *Evaluation of static and kinetic perimetry practice in neuro-ophthalmology*
- Adam Budd, Stockport NHS Foundation Trust: *MDT approach to setting up an Orthoptic led Stroke vision service*
- Dr Lauren Hepworth, University of Liverpool: *Measuring the impact on quality of life from visual impairment after acquired brain injury*

15.30 – 15.50: Break

15.50 – 17.00: Case studies and free papers

- Laura England, Manchester Royal Eye Hospital: *Addressing Barriers to Amblyopia Therapy – An Update and 'The Significance of Statistics'*
- Hareem Esmail, Newcastle upon Tyne Hospitals: *The Assessment of Vision in Children with Severe Learning Difficulties: A Systematic Review*
- Holly Geraghty, University of Sheffield: *Visual Outcomes in Anisometropic Children of Sheffield: A Service Evaluation*
- Dr Dipesh Patel, University College London: *Barriers to, and facilitators of, adherence to occlusion therapy for amblyopia: Findings from the low vs. high intensity occlusion therapy in children with mild/moderate amblyopia feasibility trial*
- Prof Helen Davis, University of Sheffield: *Evaluating Ocular Nerve Palsies: Impact of Eye Movement Recordings and Clinical Implications*

17.30 – 19.30: Drinks Reception

In the evening delegates are invited to join us for a drinks reception to be held at the world-famous Manchester Art Gallery. Come and marvel at the beautiful artwork and architecture on show, whilst sharing a drink with friends.

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Day 2 : Friday 12 July

08.00 – 08.55: Registration

08.55 – 09.00: Welcome

09.00 – 09.30: Sue Elliot, Lead for AHP Education, Evelina London Clinical Group: *Orthoptic Support Workforce Project Phase 3*

09.30 – 10.00: Martin Rhodes, Clinical Advisory lead for BIOS's Education and Professional Development Committee: *Clinical Advisory Groups Update*

10.00 – 10.45: Nystagmus Session

- Dominic Burdon, Royal Eye Infirmary, Plymouth: *On-the-spot eye tracking in the Plymouth Ocular Motility Unit (POMU) clinics*
- Sue Ricketts, Executive Information and Development Manager, Nystagmus Network*: The Nystagmus Pathway*

10.45 – 11.15: Professor Neil Parry, Manchester Royal Eye Hospital: *What's so special about colour vision*

11.15 – 11.45: Break

11.45 – 13.00: Case studies and free papers

- Sandeep Bansal, Leeds Teaching Hospitals: *A comparison between the clinical use of the Ishihara and Lanthony D-15 unsaturated colour vision test for acquired dysthyroid optic neuropathy*
- Emily Walker, Worcestershire: *A Service Evaluation of Charles Bonnet Syndrome within the Worcestershire Low Vision Service*
- Anna McBride, University Hospitals Dorset: *Schizophrenia and Orthoptic conditions: a literature review*
- Dr Jignasa Mehta, University of Liverpool: *Impact of smartphone use on accommodation*
- Dr Nadia Northway, University of South East Norway/Glasgow Caledonian University: *Digital recording of motility using the Thomson BVA Analyser*
- Deborah Steel, University of Sheffield; Lucy Stafford, University College London; Amrit Kaur Sehmi, University College London; Abier Al Jandari, University of Liverpool: *Development and evaluation of integrated simulated practice-based education for pre-registration Orthoptic students in the UK*

13.00 – 13.15: Dr Stephanie Tempest, The Creative Health Alliance: *BIOS Career Framework*

13.15 – 14.00: Lunch

14.00 – 14.45: Gail Stephenson Lecture

Professor Fiona Rowe, University of Liverpool: *A Vision for Vision*

14.45 – 15.30: Research Session

- Dr Lauren Hepworth, University of Liverpool: *Research opportunities*
- Dr Claire Howard, Northern Care Alliance Centre for Clinical and Care Research: *The role of CAHPR in supporting AHP research*

15.30 – 15.45: Alex Clarke, Guide Dogs: *The eye care support pathway for children and young people*

15.45 – 16.30: Elisabeth Parry, Manchester Royal Eye Hospital and Tess Garretty, St James's University Hospital Leeds: *Panel discussion - Prism adaptation: Useful or unnecessary?*

16.30 Close

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Professor Beverley Harden MBE

Deputy Chief Allied Health Professions Officer for England

Beverley is the Deputy Chief Allied Health Professions Officer for England, National Lead for multi-professional Advanced and Consultant Practice for NHS England's Workforce, Training and Education Directorate. Beverley was awarded an MBE in the King's New Years Honours list for services to healthcare and is a Fellow of the Chartered Society of Physiotherapy.

Since 2018 she has led work in her current role across England to enable employers to realise the full workforce potential of the 15 Allied Health Professions, secure and grow the future workforce and develop the skilled allied health support, assistant practitioner and technician workforce.

Beverley also leads the national Multi-professional Advancing Practice programme, establishing the Centre for Advancing Practice to bring together clinical and education experts from across professions to develop educational and career pathways for enhanced, advanced and consultant level practice. This is enabling more highly skilled staff to pursue more inclusive clinical career opportunities as advanced and consultant practitioners.

With extensive senior NHS leadership experience, Beverley has managed a variety of large multi-professional cross healthcare services and led Trust Education Services. She has led complex service and workforce transformation across systems and as part of the national NHS England New Models of Care team. Beverley has worked as an Allied Health Professions Lead for over a decade across regional and national portfolios.

As a Physiotherapist she worked as an expert clinician in critical care and with patients with chronic respiratory failure requiring home ventilation and rehabilitation to optimise person centred quality of life outcomes. Beverley has volunteered extensively across the Chartered Society of Physiotherapy, most notably in establishing safe and effective national on call standards and guidance.

As a Visiting Professor at the University of Winchester, she continues her research activity and is committed to the development of education and training to optimise workforce capability across the workforce. Outside of the NHS Beverley is a Board Trustee for Carers UK and, as a carer herself, is a passionate advocate for unpaid carers across the UK.

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Victoria Dickens MBE

Chief Allied Health Professional at the Northern Care Alliance

Victoria Dickens is the Chief Allied Health Professional at the Northern Care Alliance and a Consultant Physiotherapist at Salford Care Organisation. In 2019 she was made a Member of the Order of the British Empire (MBE) in recognition of her services to physiotherapy. Victoria graduated from Pinderfields College of Physiotherapy in 1993, earned her MSc in 2002 and MBA in 2021. She specialised in musculoskeletal conditions in 1995 and worked at various NHS organisations before moving to Salford in 2002. In 2013, when she was appointed as clinical director for orthopaedics at Salford, she was the first physiotherapist to hold such a position. Currently Victoria chairs various GM AHP forums and is a champion for systems leadership. On 1st September 2018 she took on her current position as Chief AHP across the Northern Care Alliance.

Veronica Greenwood OBE

Deputy Director of AHPs at Alder Hey Children's NHS Foundation Trust

Veronica is currently the Deputy Director of AHPs at Alder Hey Children's NHS Foundation Trust. She has been in post since October 2022, but has also been covering the Director of AHP post since February 2023. In addition to the strategic leadership role for AHPs the portfolio also provides leadership for the Infection, Prevention and Control (IPC) Service, the Play Service, The Arts for Health programme, and The Alder Centre (bereavement counselling services for anyone affected by the death of a child and the National Child Death helpline). Before her current AHP leadership role, she was head of Orthoptics at Manchester Royal Eye Hospital, Warrington and Halton Hospitals NHS Foundation Trust and Wrightington, Wigan and Leigh NHS Foundation Trust. During all of these posts, she was involved locally and regionally with the AHPs at Trust, Faculty and Council levels.

Veronica was also Chair of BIOS for two terms from 2017 – 2023 and stepped down last year, being awarded a Fellowship of BIOS. Her journey through BIOS started in 2007 as the Northern Branch Education Committee representative and then over the years as Chair of the Northern Branch, Trustee of the Northern Region, Chair Designate and then Chair. She was recently awarded an OBE for services to Orthoptics, in the King's Birthday Honours.

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Michaela Sherlock

Lancashire Teaching Hospitals NHS Foundation Trust

Michaela qualified as an Orthoptist in 2019 and now works part-time at Lancashire Teaching Hospitals NHS Foundation Trust. She is currently in the final year of a PhD evaluating visual field assessment in neurological conditions.

Research topics: Visual fields, Perimetry practice in neuro-ophthalmology and normative values in childhood visual field assessment.

Adam Budd

Advanced Orthoptist and Lead Stroke Orthoptist at Stockport NHS Foundation Trust

Adam's Orthoptic career began in 2010 at The Royal Wolverhampton NHS Trust and he has also worked at Sandwell and West Birmingham Hospitals NHS Trust before moving to Stockport NHS Foundation Trust in 2015.

He has been involved in seeing both Adult and Paediatric Orthoptic patients throughout his career, and more recently became involved with the Stroke team through the National SQUIRE catalyst project. This has helped launch the Orthoptic Led stroke vision service in Stockport this year, of which he is Clinical Lead for the project. Outside of his Stroke role, he is the Lead Clinical Tutor and local BOSTU representative at the Trust. His other interests within his clinical role are; BSV and Orthoptic exercises, leading initiatives for focused patient-centred care approaches and teaching and mentoring students and junior Orthoptists.

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Dr Lauren Hepworth

University of Liverpool

Dr Lauren Hepworth is a stroke specialist orthoptist, with over 17 years of experience of working with a stroke survivor caseload. She obtained her PhD in 2017. She is currently a Tenure Track Research Fellow based at the University of Liverpool and is Chief Investigator of the Impact of Visual Impairment after Stroke II (IVIS II) study and Oxford Cognitive Screen Visual Impairment Adaptation study. She has been involved with numerous studies involving visual impairment following stroke and other neurological conditions including the Impact of Visual Impairment after Stroke (IVIS) study, Programmes for Perimetry in Neurology (PoPiN) study and Visual Impairment Screening Assessment (VISA) study. She is the interim research director for BIOS, a steering group member on the BIOS Stroke and Neuro Rehab Clinical Advisory Group and a panel member for the Secretary of State for Transport's Honorary Medical Advisory Vision Panel.

Dr Claire Howard

Northern Care Alliance Centre for Clinical and Care Research

Dr Claire Howard is a clinical academic orthoptist; a neuro / stroke specialist orthoptist in the Manchester Centre for Clinical Neurosciences based at Salford Royal hospital, part of the Northern Care Alliance NHS Foundation Trust (NCA); an honorary senior lecturer in research (University of Salford), honorary research fellow (University of Liverpool) and a clinical research fellow in the NCA Centre for Clinical and Care Research. She is a DVLA medical advisory panel member for vision disorders and the North-West consortia lead for the Council for Allied Health Professions Research (CAHPR).

Dr Howard's research interests include post stroke visual impairment, driving, adaptation to visual impairment, hemianopia, blindsight and brain injury.

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Sue Eliott

Lead for AHP Education, Evelina London Clinical Group

Sue graduated in 1995 from The University of Liverpool and proceeded to work in community eye services in Manchester, followed by a year in New Zealand, before taking up a role in the South of England, split between the Isle of Wight and Southampton Eye Unit. During this period, she completed a part-time MSc in Health Research Methodology at Portsmouth University. From 2002 onwards she was Head Orthoptist at Salisbury Hospital, managing a team of Orthoptists and part-time Optometrists. Over the last 3-4 years she has been on a couple of secondments with her local AHP Faculty as a Workforce Development Lead. Last year she took up the post of Lead for AHP Education at Evelina London, also doing part-time work for the South East London AHP Faculty and continuing with a couple of clinical orthoptic sessions a month.

She is an HCPC partner and assesses CPD profiles for various AHP professions to ensure they meet the HCPC standards. In recent years she has also been leading a project for BIOS which looks at how we can support and develop our Orthoptic and Ophthalmic Support Workforce.

Martin Rhodes

Clinical Advisory lead for BIOS's Education and Professional Development Committee

Martin leads a team of Orthoptists working across a range of specialities including Strabismus, Neuro-ophthalmology, YAG laser clinics, VR post-ops, Cataract assessment, Medical Retina reporting, Orthoptic undergraduate teaching, Low Vision assessment and Electrodiagnostic testing. Martin is also the research lead for Ophthalmology building a portfolio of both in house research and commercial drug trials.

Martin is the Clinical Advisory Group lead for Low Vision and holds the Clinical Advisory lead for the British & Irish Orthoptic Society's Education and Professional Development Committee. In his spare time Martin is an avid enthusiast of fell running and outdoor activities, enjoying the beauty and challenges of nature.

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Sue Ricketts

Executive Information and Development Manager, Nystagmus Network

Employed by the Nystagmus Network since August 2015 as Executive Information and Development Manager, Sue works across all areas of the charity's remit: providing support and information for people living with nystagmus, their families and carers and the education, clinical, employment and other professionals working with them; raising awareness of the condition in the general population to ensure it is better understood and people living with nystagmus can access support; funding nystagmus research and supporting it by recruiting participants for multiple studies, inviting research teams to share their work with people living with nystagmus at charity events and hosting an annual UK nystagmus research workshop and a yearly international nystagmus symposium.

Sue's daughter was diagnosed with Infantile Nystagmus as a baby in 1991. She has direct parental experience of supporting her child from the early years, through school and university and into employment. She has knowledge and experience of special educational needs support, registration as sight impaired, Access to Work and disability benefits and concessions.

Originally a linguist and qualified translator, interpreter and teacher, Sue is passionate about lifelong learning, equal opportunities and improving life for people living with nystagmus.

Dominic Burdon

Royal Eye Infirmary, Plymouth

Dominic Burdon is an Advanced Orthoptist based at the Royal Eye Infirmary, Plymouth. After qualifying from the University of Sheffield with an orthoptic degree (BMedSci), he started working at the REI in 2017. He has been the SEND lead orthoptist at the REI since 2021, where he conducts orthoptic clinics at special schools in the region and the local child development centre. Another clinical role is the assessment of rare eye movement disorders and nystagmus. He has also worked alongside Prof. Chris Harris in the Plymouth Ocular Motility Unit (POMU). Assessing complex eye movement disorders and nystagmus cases with the eye tracking facility, he has a wealth of experience and clinical expertise in neurological conditions and more specifically, how their neurophysiology relates to eye movements.

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Professor Neil Parry

Manchester Royal Eye Hospital

Neil is consultant Clinical Scientist at Manchester Royal Eye Hospital and is head of the regional Ophthalmic Electrodiagnostic service. He also holds honorary professorships at Manchester and Bradford Universities. His research centres on the electrophysiologcal and psychophysical investigation of human colour vision. He is one of the directors of the International Colour Vision Society and has, since 2005, been its treasurer.

Dr Stephanie Tempest

The Creative Health Alliance

Dr Stephanie Tempest is an occupational therapist, workforce learning and development consultant and Chartered Fellow at the Chartered Institute for Personnel and Development. Alongside her colleagues, Dr Jo Watson and Dr Beverley Durrant, she co-founded The Creative Health Alliance and the team is leading the work to co-create the BIOS Career Development Framework.

Central to the way The Alliance works is an approach based on collaboration, a value embedded into previous projects including leading work to publish Career Development Frameworks for three other professional bodies and other multiprofessional frameworks, including for research. This presentation provides an overview of the planned work with BIOS and an invitation to join the development of the Framework, due for publication in Spring 2025.

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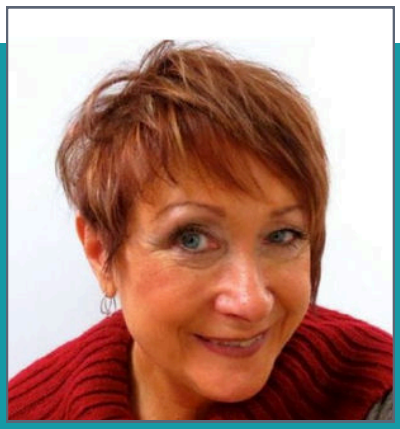
Professor Fiona Rowe

University of Liverpool

Prof. Fiona Rowe is Professor of Orthoptics at the University of Liverpool where she is Head of Department for Primary Care and Mental Health, and lead for the VISION research group. She is an editorial board member for the British and Irish Orthoptic Journal and Strabismus and lead orthoptic editor for the Cochrane Library Eyes and Vision group. She is the Past President of the Society for Research in Rehabilitation and a mentor for the National Institute of Health Research integrated clinical academic training pathway. She is the orthoptic representative on the Council for the International Strabismological Association and a member of the European NeuroOphthalmology Society Low Vision group.

Her particular research interests include visual impairment due to acquired brain injury (leading a number of national and international stroke projects), visual field evaluation and control of ocular alignment. Prof. Rowe is the author of two textbooks: 'Clinical Orthoptics' and 'Visual fields via the visual pathway', author for a number of book chapters, and has presented and published her research extensively.



Gail Stephenson Lecture

Professor Gail Stephenson was a renowned orthoptist at the forefront of the development of our profession who sadly passed away in 2015. A proud Salfordian, Gail graduated from Manchester Royal Eye Hospital as an orthoptist in 1974 and subsequently went on to work clinically in Wigan before returning to MREH to become an orthoptic teacher and In 1992, set up the Orthoptics degree at the University of Liverpool. In that role and her many external roles she shaped the careers of a large number of our colleagues.

Gail was recognised nationally and internationally as a tremendous advocate for our profession, always seeking to push the profession forwards and ensure the orthoptic voice was heard. She was recognised with a BIOS Fellowship in 2011 for her tireless work within BIOS as Chair of the Education Committee, IOA and OCE representative, subsequently becoming President of the European Orthoptic Association and Vice President of IOA. Her research interests in binocular vision and visual function on sport performance led to a longstanding relationship between her and her beloved Manchester United FC at the request of Sir Alex Ferguson.

Gail would be proud to have her name associated with our national conference in this way which showcases both the individual and collective achievements of our colleagues as well as the continued potential of our profession.

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Alex Clarke

Public Affairs and Campaigns Manager, Guide Dogs

Alex Clarke is the Senior Policy, Public Affairs and Campaigns Manager at Guide Dogs, leading their policy and campaigning in support of children and young people with a vision impairment. He has worked within a number of leading charities, helping to secure meaningful policy and legislative change across health and social care, housing, social welfare and debt.

Elisabeth Parry

Manchester Royal Eye Hospital

Lis is a full time orthoptist at Manchester Royal Eye Hospital and has worked there since 1987. She started as a basic grade orthoptist and is now Principal Orthoptist of Core services.

Her main interest is Core Orthoptics and she has spoken at several meetings including BIPOSA and the ISA on the topics of the use of Pre Operative Botulinum toxin in large angle Childhood Esotropia and Lateral Incomitance in intermittent exotropia.

Tess Garretty

St James's University Hospital Leeds

Tess is a full time Clinical Specialist Orthoptist in Leeds having qualified in 1988. She has a previously been a staff rep and joint lead for the BIOS Vision Screening CAG. Tess has a Masters in Health Research Studies and has published on the topics of vision screening, development of strabismus after a diagnosis of pseudosquints, the role of the 4 dioptre prism test in microtropes and visual fields in pituitary tumours. Her main area of research has been around convergence excess esotropia including the role of prism adaptation in convergence excess.

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Cardiff University

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University of Southampton

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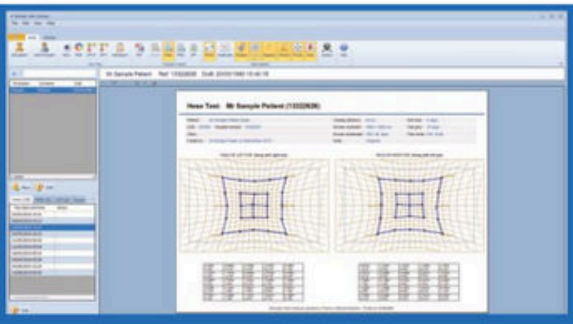
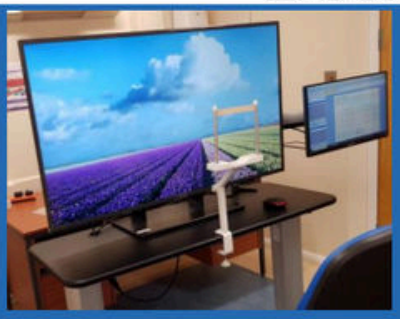
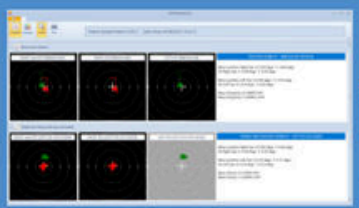




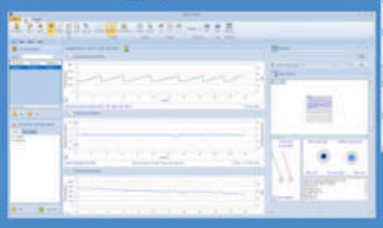
CLINICAL EYE TRACKER

A powerful new system for assessing eye movements, dynamic binocular vision and pupil reflexes – at a breakthrough price.



Dynamic binocular vision, phoria, fixation stability analysis

Reading eye movements

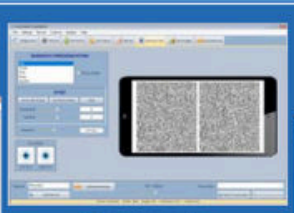


Pupillometry and pupil light reflexes

VIRTUAL SYNOPTOPHORE

Use your smartphone and a £40 VR Headset to provide a wide range of Synoptophore tests

Phoria and torsion



Stereopsis

Fusion

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