

## Orthoptic Careers Case Study

# Meet Louise

When did you graduate? When did you join the Orthoptic workforce?

I graduated 21st July 2022. and started working as an orthoptist on 15th August 2022.

What is your early Orthoptic careers best practice example (preceptorship, supervision, research, leadership)

I am currently doing the BIOS preceptorship programme with the guidance of my preceptor. We have a meeting every month to go through this, where we can also address any potential areas for development. This has made me feel confident and supported in clinic and I feel as though it has been vital in my transition from university to the workplace.

**Louise  
Rossiter**

Orthoptist  
East Sussex Healthcare NHS  
Trust

**Doing my preceptorship has been beneficial in the transition from university to the work place as it focuses on important features of clinical work such as communication, conflict resolution and advocacy.**

What did your early Orthoptic career experience involve?

Preceptorship and 'Blocked clinics' – the appointment slots for my patients were blocked and then gradually unblocked with time.

Why was this beneficial to you as an early career orthoptist? career?

Doing my preceptorship has been beneficial in the transition from university to the work place as it focuses on important features of clinical work such as communication, conflict resolution and advocacy. As a new graduate, it has been really beneficial to me to reflect on scenarios so that I can learn from previous experiences and improve as a clinician.

