

Orthoptic Careers Case Study

Meet Kate

Why did you choose orthoptics?

I chose Orthoptics as I knew I wanted to work with people and liked the hospital basis of the job, and range of patient types. I visited my local department and enjoyed what I saw, so went straight from A-Levels to study Orthoptics at Liverpool.

What is a typical day like in your current role?

Every day is different. In my new trainee ACP role, I am learning so much every day and enjoy growing my knowledge and skills. I don't have a typical day at the moment as I am making the most of any learning opportunity that presents itself to me.

Define your role in 3 words?

- Interesting
- Educational
- Exciting

What do you love the most about your role?

Knowing that I can build on my previous clinical experiences to support more of the patient journey and improve patient experiences.

What is the most challenging part of your role?

Balancing my time between clinical experiences and theoretical study to underpin my development and growth.

What skills do you find essential for your job?

Good communication, flexibility to manage the demands of a busy clinic environment, empathy to understand the wider patient needs and support holistic care.

What do you look forward to in your orthoptic career?

I enjoy that the Orthoptic profession is continuing to evolve to meet the growing ophthalmic care need.

I have developed skills in clinical and leadership roles, and have shared my knowledge through conferences and publications. There are so many opportunities to develop skills in different areas, undertaking interventions, such as injections for AMD, and research. Never a dull moment!

Any advice you'd like to give?

Follow your passion, and take the opportunities to learn new skills.



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