

Contact careers@orthoptics.org.uk www.orthoptics.org.uk

Orthoptic Careers Case Study

Meet **Emmanuel**

Why did you choose orthoptics?

I choose orthoptics because I love helping people. Doing orthoptics gives me the chance to be able to help new people every day.

What is a typical day like in your current role?

A typical day involves seeing a range of paediatric and adult patients with a wide range of eye disorders. It can also involve doing admin for example writing letters to GPs about a patients appointments and outcome.

Define your role in 3 words?

- Exciting
- Challenging
- Rewarding

What do you love the most about your role?

The chance to help people on a day to day basis.

What skills do you find essential for your job?

Being able to work well under pressure is definitely an essential skill that is needed in order to be an orthoptist. As orthoptists, we often run busy clinics with the potential of seeing complex cases. It is very important we are able to still provide the highest level of care for the patient in a safe and calm manner.

Any advice you'd like to give?

I would advise future orthoptists to keep on studying and refreshing their knowledge, there is always new research that comes out, and as future clinicians it is important to make sure our clinical practice is based off the most up to date research.

