

Orthoptic Careers Case Study

Meet Connor

Why did you choose orthoptics?

I started Orthoptics in Hinchingsbrooke undertaking core Orthoptics and also primary and secondary screening. After around 12 months I quickly became involved in extended role general paediatric Ophthalmology and shortly after this extended role glaucoma. I chose Orthoptics due to the dynamic and rapid interactions with a variety of patients but also the mix of individualised and team working.

What is a typical day like in your current role?

A typical day is difficult to describe as I currently work across 3 roles at Moorfields/UCL. I undertake a mix of clinical activity, academic teaching and service improvement teaching/project work. The role is varied and challenging. Clinically I do core Orthoptics and adult and paediatric glaucoma extended roles.



Connor Beddow

service improvement
manager/advanced
orthoptist/honorary lecture
Moorfields/UCL.

Define your role in 3 words?

- Dynamic
- Challenging
- Interesting

What do you love the most about your role?

The ability to help others in a variety of ways and to make meaningful change whether through individualised treatment for a single patient or through supporting change ideas to help a service in it's ambition to help patients or finally whether helping learners to understand a complex concept or idea.

What is the most challenging part of your role?

Managing my time and commitments as well as trying to remain effective at each role with limited time available to dedicate to each.

What skills do you find essential for your job?

Empathy, Commitment and Organisation

What do you look forward to in your orthoptic career?

The next challenge and the future possibilities.

Any advice you'd like to give?

Orthoptics is a unique and challenging role which can develop into a number of different careers paths to suit diverse interests. If you are looking for a career primarily aimed at helping people and a profession which is uniquely placed to allow patients the time, space and platform to be heard and treated like individuals then Orthoptics would be a good option.

