

Orthoptic Careers Case Study

Meet Amrit

Why did you choose orthoptics?

I saw an Orthoptist as a child and took interest in her work as I enjoyed my visits, and surprisingly did not remember having eye drops! From this point, I always knew I wanted to be an eye professional, and so went on to study Orthoptics at the University of Sheffield. During my career as an Orthoptist, I have taken on roles in teaching and clinical lead of satellite clinics. This year, I took the opportunity to do the Darzi Fellowship at Moorfields, which is a 12 month fellowship where you are given the task to solve a 'wicked' challenge in healthcare, alongside studying a PgCert Leadership in Healthcare (Darzi).

What is a typical day like in your current role?

As a Darzi Fellow, you are essentially taking time out of your usual clinical role. My working day

changes day-to-day. Some days are spent attending academic workshops for the PgCert, and some are spent having meetings with various stakeholders. I was given the challenge to understand digital exclusion in our patients and staff, in order to develop digital inclusion. So this has also involved working with patients and staff to understand their needs and concerns, in order to develop solutions.

Define your role in 3 words?

- Exciting
- Empowering
- Eye-opener

What do you love the most about your role?

The best part of this role has been leading change that can have a positive impact on patients and staff. You also get to work with and meet other healthcare professionals and stakeholders.

What is the most challenging part of your role?

The most challenging part has been managing my time between work and studying, as both can be quite full on. It was initially challenging managing my time, as I was used to a regular clinical routine.

What skills do you find essential for your job?

Hard-working, organised, and confidence, with experience in service improvement.

Any advice you'd like to give?

The Darzi fellowship is definitely something that I would recommend for those who want to carry on with their role and do something in addition to clinical work.



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