

#hello my name is...

I'm an Orthoptist

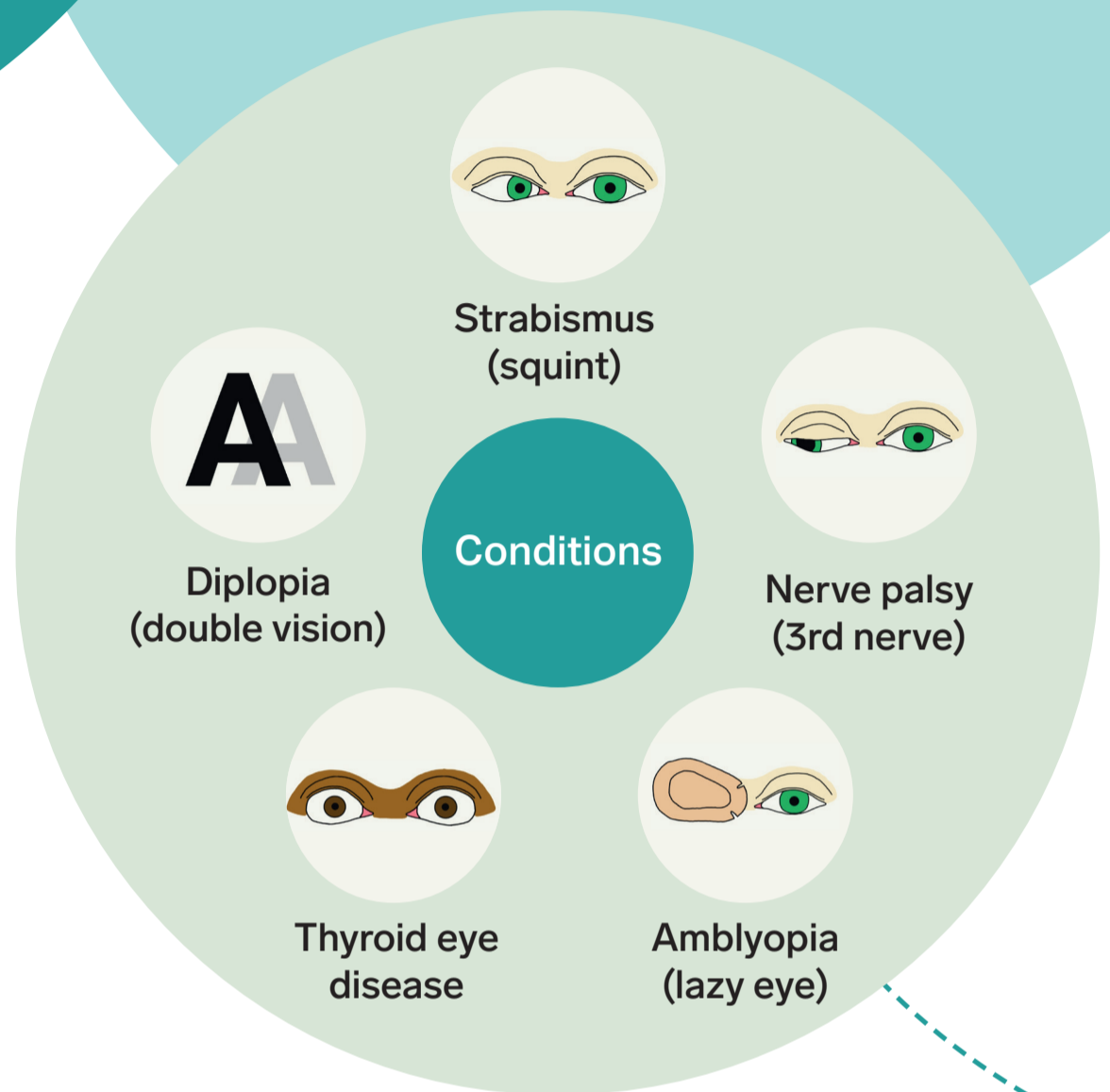
Orthoptists are eye care specialists who diagnose and manage eye movement problems affecting how the eyes work together, known as binocular single vision.

What do we treat?

Orthoptists treat a range of patients of all ages. Problems patients face may be due to issues with the muscles around the eyes or with how the brain communicates with the eyes.

Treatments may include:

- Eye exercises
- Prisms
- Occlusion therapy
- Surgery
- Glasses
- Botox



Multidisciplinary teams (MDTs)

Orthoptists work alongside other healthcare professionals to provide treatment.

Optometrists: Assess eye health and the need for glasses.

Ophthalmologists: Specialist eye doctors.



BIOS | BRITISH AND IRISH
ORTHOPTIC SOCIETY

Sources:
BIOS: <https://www.orthoptics.org.uk/>
NHS Careers: <https://www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/roles-allied-health-professions/orthoptist/orthoptist>
I See the difference: <https://www.iseethedifference.co.uk/everything-you-need-to-know-about-being-an-orthoptist/>

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Become an Orthoptist

Degrees in Orthoptics are globally recognised and allow for registration with the HCPC (The Health and Care Professions Council) to work in NHS hospitals. £5000 NHS bursary for UK students.

Universities in the UK for Orthoptics offer a mixture of theoretical lectures and practical placements.

Undergraduate 3 year courses:

University of Sheffield, University of Liverpool and Glasgow Caledonian University.

Postgraduate 2 year courses (Pre-reg MSc):

University College London and University of Liverpool

Orthoptics careers information on the BIOS website

