

#hello my name is...

# I'm an Orthoptist

Orthoptists are eye care specialists who diagnose and manage eye movement problems affecting how the eyes work together, known as binocular single vision.

## What do we treat?

Orthoptists treat a range of patients of all ages. Problems patients face may be due to issues with the muscles around the eyes or with how the brain communicates with the eyes.

### Treatments may include:

- Eye exercises
- Prisms
- Occlusion therapy
- Surgery
- Glasses
- Botox

## Multidisciplinary teams (MDTs)

Orthoptists work alongside other healthcare professionals to provide treatment.

**Optometrists:** Assess eye health and the need for glasses.

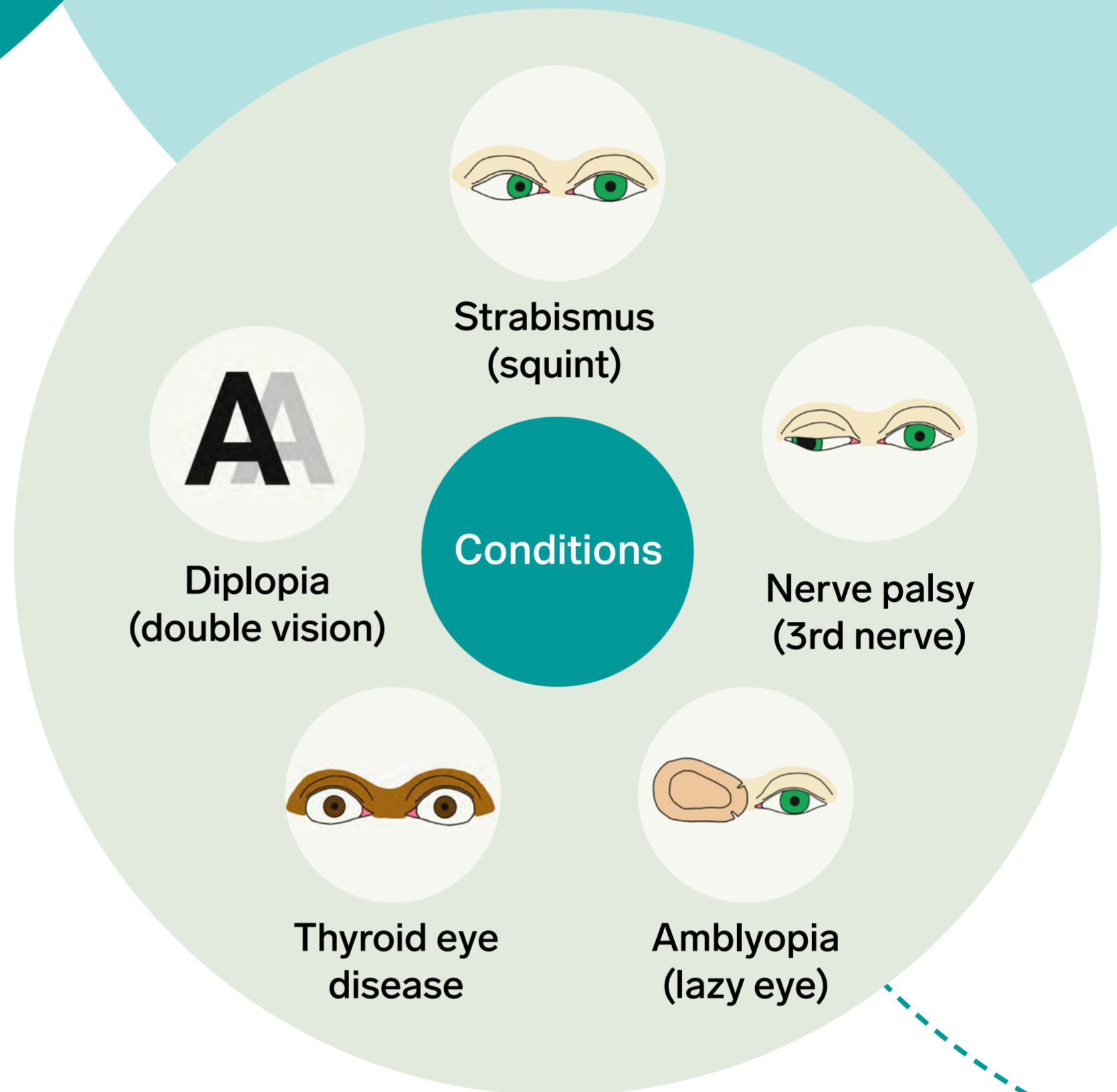
**Ophthalmologists:** Specialist eye doctors.



**BIOS** | BRITISH AND IRISH  
ORTHOPTIC SOCIETY

Sources:  
BIOS: <https://www.orthoptics.org.uk/>  
NHS Careers: <https://www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/roles-allied-health-professions/orthoptist/orthoptist>  
I See the difference: <https://www.iseethedifference.co.uk/everything-you-need-to-know-about-being-an-orthoptist/>

Content by Alisha Bycroft. Design: designbyantony.com



## Careers as an Orthoptist

Degrees in Orthoptics are globally recognised and allow for registration with the HCPC (The Health and Care Professions Council) to work in NHS hospitals. £5000 NHS bursary for UK students.

Universities in the UK for Orthoptics offer a mixture of theoretical lectures and practical placements.

### Undergraduate 3 year courses:

University of Sheffield, University of Liverpool and Glasgow Caledonian University.

### Postgraduate 2 year courses (Pre-reg MSc):

University College London and University of Liverpool (2023)

Orthoptics careers information on the BIOS website

