Patient Story Template

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| **Title of intervention** | Special School Eye Care Service.  A Patient / Parent Story |
| **Brief summary of the intervention**  What you did,  Why you did it, What were you aiming to achieve? Who was it aimed at? | A 16 year old male with global developmental delay attending Special School school. His parents consented to the Eye Care Service and he was previously known to the HES. They and his teachers had concerns with his vision.  He was found to have significantly reduced visual acuities  R) 0.80 L) 0.80 Kays crowded signing  He was found to have increasing levels of astigmatism:  24/08/11 : R , +0.75/+1.75x95 L , +0.75/+1.75x80  09/07/14 : R , - 1.50/+3.00x100 L , -2.25/+5.00X85  No typical keratoconic scarring was found but aberrations were noted so the consultant saw him in school for his opinion and diagnosed as probable keratoconus.  The Orthoptist checked his visual acuities frequently and the Optometrist monitored his case with refraction, fundus and media checks as well as keratometry.  28/02/17: The patient’s visual acuities had reduced from his previous vision check and his mother and teacher reported that he had become more withdrawn recently therefore an appointment was made for the consultant to see the patient at school. The keratoconus was found to have advanced. A long discussion was had with the patient’s mother and it was decided to refer him to the eye hospital to consider corneal cross linking. |
| **Evidence of Impact**  What were the results?  Can you evidence the impact of this intervention (qualitative/ quantitative data)? Who has benefited?  What has changed?  What are the long term benefits? | By the patient having regular refractions his progressing astigmatism and keratoconus was discovered.  Due to his learning difficulties and global developmental delay testing was always difficult. This was made far easier by the patient seeing the same members of staff in his familiar school environment. After injections and other hospital appointments he had developed a phobia of hospitals and would refuse to leave the car when he knew he was going to the hospital.  On speaking with his mum in school she was really happy that the service could be offered in school and was grateful for our frequent updates.  She also reports that he does not cope well in the Opticians environment and is much more comfortable in his school environment  .  Furthermore having the tests in school meant he didn’t miss any lessons and she didn’t have to take frequent time off work.  Without this service being provided at school it is quite possible that the patient’s progressing keratoconus would have been picked up at a much later date causing his vision to be even more reduced. The familiar school setting and relationships formed with the same staff members allowed for better cooperation and more accurate testing. |
| **Human interest story**  Where possible please provide names and direct quotes.  Where possible, please supply photographs as jpeg attachments stating who / what the photographs show |  |
| **Contact details**  Please provide the contact details of the person who led this work who could be contacted for further information |  |
| **Link to further details if available** |  |

Thank-you for providing stories of how orthoptists are improving the lives of their patients.