Orthoptists

Eye & vision specialists

- Highly skilled in assessing what children can see
- The specialists in how the eyes move and work together
- Experts in understanding neurological defects affecting how we see

Who should see an Orthoptist?

<table>
<thead>
<tr>
<th>If you experience:</th>
<th>If you see:</th>
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<tbody>
<tr>
<td>Double vision</td>
<td>Strabismus (eye turn)</td>
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<tr>
<td>Blurred vision – not corrected by glasses</td>
<td>Ptosis (droopy eyelid)</td>
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<tr>
<td>Visual field loss</td>
<td>Nystagmus (continuous uncontrolled eye movements)</td>
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For an appointment you can ask your GP, health visitor, optometrist or hospital consultant for a referral to the Orthoptist at the eye (ophthalmology) clinic.

How can an Orthoptist help?

- Patches
- Exercises
- Advice
- Prisms
- Glasses

Making a difference to peoples lives.

British & Irish Orthoptic Society [https://orthoptics.org.uk](https://orthoptics.org.uk)
Orthoptists
- experts in assessing visual function

Children with learning disabilities are 28 times more likely to have a serious sight problem than other children and require specialist assessments.*

Eye care for children with special educational needs

4 in 10 pupils have no history of sight tests or eye care*

Common eye problems in children with special educational needs

- Strabismus - misalignment of the eyes
- Amblyopia - disorder preventing normal visual development
- Cerebral visual impairment - brain problem affecting how children use their vision and interpret what they see
- Eye movement disorders - conditions such as nystagmus (constantly moving eyes) can significantly impair visual function

Orthoptists assess, diagnose and treat these and many other conditions

*DATA FROM SEEABILITY
WWW.SEEABILITY.ORG
WWW.ORTHOPTICS.ORG.UK